



west Citylauf 2005 Jedermann über 3.2 KM

Sonntag, 19. Juni 2005

west ENERGIE und VERKEHR

TEAMSOFT-SPORTZEIT.DE

Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	AK	Min/KM	Z-Diff
1		00:10:58	709	Donner, Daniel		OSC-Waldniel	1989	MJugB	03:25,6	00:00:00
2		00:11:35	952	Hermanns, Thomas		Han Kook Erkelenz	1978	MHK	03:37,1	00:00:37
3		00:11:39	737	Böbel, Norbert		TV Erkelenz	1964	M40	03:38,4	00:00:41
4		00:12:14	736	Morhenn, Sebastian		TV Erkelenz	1985	MHK	03:49,3	00:01:16
5		00:12:19	929	Honold, Tommy		SC 09 Erkelenz/ C	1990	MSch15	03:50,9	00:01:21
6		00:12:19	923	Honold, Peter		SC Myhl	1954	M50	03:50,9	00:01:21
7		00:12:24	1012	Mathesius, Felix		HS Unterbruch	1985	MHK	03:52,5	00:01:26
8		00:12:25	623	Hütten, Daniel		Heinsbeg-Unterbru	1985	MHK	03:52,8	00:01:27
9		00:12:49	420	Joachims, Franz		SC Myhl	1962	M40	04:00,3	00:01:51
10		00:13:16	943	Masjosthusmann, Gerc		West euv	1962	M40	04:08,7	00:02:18
11		00:13:18	965	Schild, Lothar			1964	M40	04:09,3	00:02:20
12		00:13:30	565	Rothermel, Thomas		LAZ Mönchengladb	1964	M40	04:13,1	00:02:32
13		00:13:31	312	Liebau, Peer		Hückelhoven	1956	M45	04:13,4	00:02:33
1	W	00:13:41	341	Vehling, Monika		LAZ Mönchengladb	1955	W50	04:16,5	00:00:00
14		00:13:52	960	Settels, Walter		SC Myhl LA	1952	M50	04:20,0	00:02:54
15		00:14:01	966	Paulus, Andre		Kija Wuppertal	1988	MJugB	04:22,8	00:03:03
16		00:14:03	951	Saurenbach, Volker-K:		Herzogenrath	1963	M40	04:23,4	00:03:05
2	W	00:14:25	567	Mülders, Julia		LAZ Mönchengladb	1988	WJugB	04:30,3	00:00:44
17		00:14:34	327	Glasmacher, Patrick		Mönchengladbach	1989	MJugB	04:33,1	00:03:36
18		00:14:41	967	Rossbach, Jan		Kija Wuppertal	1993	MSch12	04:35,3	00:03:43
19		00:14:58	936	Kreitmayr, Wolfgang		BV Union Krefeld	1961	M40	04:40,6	00:04:00
20		00:15:02	972	Buchmann, Dirk		Erkelenz	1984	MHK	04:41,8	00:04:04
21		00:15:07	437	Jäger, Dirk		Selection Fitness	1972	M30	04:43,4	00:04:09
22		00:15:18	913	Blanken, Marvin		Wassenberg	1996	MSch09	04:46,8	00:04:20
23		00:15:18	868	Blanken, Volker		Wassenberg	1965	M40	04:46,8	00:04:20
24		00:15:22	994	Lorenz, Günter		Mönchengladbach	1950	M55	04:48,1	00:04:24
25		00:15:28	931	Spitzer, Gregor		Kaarst	1977	MHK	04:50,0	00:04:30
26		00:15:34	970	Buchmann, André		Heinsberg	1976	MHK	04:51,8	00:04:36
3	W	00:15:47	568	Mülders, Ursula		LAZ Mönchengladb	1959	W45	04:55,9	00:02:06
27		00:15:54	856	Jansen, Michael		Erkelenz	1962	M40	04:58,1	00:04:56
28		00:16:00	343	Sieben, Harald		Hückelhovewn	1965	M40	05:00,0	00:05:02
4	W	00:16:26	615	Schopen, Verena		Erkelenz	1964	W40	05:08,1	00:02:45
29		00:16:33	340	Vehling, Hans		LAZ Mönchengladb	1945	M60	05:10,3	00:05:35
5	W	00:16:36	98	Sander, Claudia		TV Ratheim	1966	W35	05:11,2	00:02:55
30		00:16:36	981	Gros-Breuer, Stefan		Erkelenz	1961	M40	05:11,2	00:05:38
31		00:16:37	692	Bartel, Franz-Josef		LT Venrath	1967	M35	05:11,5	00:05:39
6	W	00:16:37	421	Joachims, Christina		SC Myhl	1996	WSch09	05:11,5	00:02:56
32		00:16:38	85	Kunze, Néstor		Erkelenz	1964	M40	05:11,8	00:05:40
33		00:16:38	727	Funke, Jakob		TV Erkelenz	1991	MSch14	05:11,8	00:05:40
7	W	00:16:40	618	Westphal, Margrit		Düsseldorf	1939	W65	05:12,5	00:02:59
34		00:16:52	836	Classen, Wolfgang		Erkelenz	1956	M45	05:16,2	00:05:54
8	W	00:17:02	961	Settels, Karla		SC Myhl LA	1953	W50	05:19,3	00:03:21
9	W	00:17:09	439	Kornbach-Krämer, Jan		Erkelenz	1962	W40	05:21,5	00:03:28
35		00:17:14	813	Dümmen, Friedhelm		SFC Erkelenz	1933	M70	05:23,1	00:06:16
36		00:17:18	308	Helpenstein, Christian		BSG Volksbank Erl	1980	MHK	05:24,3	00:06:20
37		00:17:28	833	Huff, Gerd		Erkelenz	1963	M40	05:27,5	00:06:30
10	W	00:17:35	436	Kelm, Natalie		Selection Fitness	1977	WHK	05:29,6	00:03:54
38		00:17:37	946	Weinreich, Andreas		Erkelenz	1967	M35	05:30,3	00:06:39
11	W	00:17:56	687	Brands, Gerti		Erkelenz	1958	W45	05:36,2	00:04:15
39		00:18:03	776	Rahn, Holger		Wassenberg	1975	M30	05:38,4	00:07:05
12	W	00:18:10	155	Gillespie, Sheona	GBR	Erkelenz-Golkrath	1963	W40	05:40,6	00:04:29
13	W	00:18:15	566	Rothermel, Kathi		LAZ Mönchengladb	1956	W45	05:42,1	00:04:34
14	W	00:19:15	939	Forster, Anja		Übach-Palenberg	1972	W30	06:00,9	00:05:34
40		00:19:16	940	Göbbels, Bernd		TuS Schmidt	1972	M30	06:01,2	00:08:18
15	W	00:19:20	991	Gündling, Gabi		BSG KSK Heinsber	1961	W40	06:02,5	00:05:39
41		00:19:30	968	Rossbach, Thomas		KiJu Wuppertal	1954	M50	06:05,6	00:08:32
42		00:19:38	993	Meis, Manfred		LAZ Mönchengladb	1946	M55	06:08,1	00:08:40
16	W	00:20:12	438	Starzetz, Sonja		Selection Fitness	1974	W30	06:18,7	00:06:31
17	W	00:21:57	440	Hensel, Daniela		Selection Fitness	1982	WHK	06:51,5	00:08:16

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum

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