

p...	nu...	ge...	name	club	ag	ag...	m/f...	course	total
1	8782	m	Huizinga, Koen	Unitas Sittard	MHK	1	1	5 km	00:17:22,8
2	8783	m	Dolf, Gregoire	Sittard Unitas	M50	1	2	5 km	00:19:20,2
3	8760	m	Lemmens, Robin		MJ U20	1	3	5 km	00:19:27,0
4	8757	m	Van Asten, Giel	Atl. Maastricht	MJ U18	1	4	5 km	00:19:53,5
5	8759	f	Chijpers, Floor	Caesar	WJ U20	1	1	5 km	00:19:56,3
6	8754	m	Schaum, Peter	Wassenberg	M50	2	5	5 km	00:24:28,8
7	8764	m	Machiels, Frank	Unitas	M50	3	6	5 km	00:24:42,3
8	8756	f	Walther, Johanna	Aachen	WHK	1	2	5 km	00:24:49,8
9	8755	m	De Maar, Michel	VK Dalfsen	MHK	2	7	5 km	00:25:20,6
10	8799	m	Sehl, Jürgen	RTV	M40	1	8	5 km	00:25:29,7
11	8798	m	Göbel, Nils	RTV	M45	1	9	5 km	00:25:29,8
12	8751	m	Wynands, Jan	Tüddern	MJ U18	2	10	5 km	00:27:34,3
13	8750	m	Wynands, Ralf	Tüddern	M45	2	11	5 km	00:27:39,0
14	8780	m	██████████	Speedy Gonzales	M35	1	12	5 km	00:30:18,2
15	8761	f	Knarren, Nicole	Tüddern	WHK	2	3	5 km	00:30:24,8
16	8785	f	Gülpen, Kerstin	La Mamas	W40	1	4	5 km	00:31:18,8
17	8781	f	Christiansen, Jennifer	Geilenkirchen	W35	1	5	5 km	00:31:47,4
18	8762	f	Ahrens, Yolien	Hobby	WJ U18	1	6	5 km	00:32:13,6
19	8763	m	Ahrens, Jürgen	Hobby	M40	2	13	5 km	00:32:13,8
20	8787	m	Nuske, Klaus-Dieter	Laufschule Der Se...	M55	1	14	5 km	00:35:01,4
21	8784	f	Reetz, Jennifer	Heinsberg	WJ U18	2	7	5 km	00:35:06,4
22	8753	m	Pietrowski, Unbekannt	SV 09 Scherpenseel	M40	3	15	5 km	00:38:05,0
23	8794	f	Güsken, Bianca	Laufschule Der Se...	W35	2	8	5 km	00:38:45,5
24	8752	m	Schreinemacher, Georg	Birgden	M45	3	16	5 km	00:38:45,9
25	8790	f	Hillemacher, Ursula	Laufschule Der Se...	W45	1	9	5 km	00:38:46,7
26	8792	f	Adels, Stefanie	Laufschule Der Se...	WHK	3	10	5 km	00:38:46,8
27	8788	f	Schirling, Birgit	Laufschule Der Se...	W45	2	11	5 km	00:38:46,9
28	8791	f	Hackl, Ute	Laufschule Der Se...	W40	2	12	5 km	00:38:47,1
29	8797	m	Zaubrecher, Paul	Laufschule Der Se...	M50	4	17	5 km	00:38:47,3
30	8758	m	Krausewitz, Werner	Laufschule Selfkant	M50	5	18	5 km	00:38:47,8
31	8793	f	Dros, Marlen	Laufschule Der Se...	W35	3	13	5 km	00:38:48,3
32	8795	m	Bomanns, Paul	Laufschule Der Se...	M45	4	19	5 km	00:38:48,4
33	8786	f	Boecking, Vanessa	TV Obermaubach	W30	1	14	5 km	01:20:53,1
1	8720	m	Schuchmann, Erwin	BSG BML Bonn	M50	1	1	10 km Walk	01:04:49,4
2	8741	m	Nickel, Frank	LVS Stolberg	M55	1	2	10 km Walk	01:05:24,9
3	8721	f	Schuchmann, Barbara	BSG BML Bonn	W60	1	1	10 km Walk	01:06:50,5
4	8701	m	Weber, Josef	LT Sternberg / Linz	M60	1	3	10 km Walk	01:07:45,1
5	8717	m	Frevel, Andreas	SpVg Rinsdorf	M50	2	4	10 km Walk	01:09:49,0
6	8714	f	Gitzen, Margit	Lahnstein	W55	1	2	10 km Walk	01:10:53,9
7	653	f	Kracke, Alexandra	Turnerschaft Neu...	W55	2	3	10 km Walk	01:14:00,5
8	8715	f	Büdenbender, Monika	SpVg Rinsdorf	W45	1	4	10 km Walk	01:17:26,0

9	8728	f	Zander, Ruth	Actic Fitness MG	W55	3	5	10 km Walk	01:18:50,1
10	8733	f	Krings, Ricarda	Nordic Sprinter	W40	1	6	10 km Walk	01:19:25,7
11	8704	f	Winkens, Hanni	Wassenberg	W50	1	7	10 km Walk	01:19:33,4
12	8718	f	Dormeier, Silke	Europaschule He...	W35	1	8	10 km Walk	01:20:42,4
13	8719	m	Josephs, Wolfgang	Europaschule He...	M60	2	5	10 km Walk	01:20:43,0
14	8737	f	Quotschila, Nicole	Waldfeucht	W40	2	9	10 km Walk	01:21:08,9
15	8735	m	Jessen, Ulli	Gangelt	M50	3	6	10 km Walk	01:21:10,5
16	8716	m	Büdenbender, Gregor	SpVg Rinsdorf	M50	4	7	10 km Walk	01:22:33,7
17	8734	m	Severins, Franz	Selfkant	M50	5	8	10 km Walk	01:22:40,6
18	8736	f	Hermanns, Anne	Aachen	W40	3	10	10 km Walk	01:23:43,9
19	8723	f	Peulen, Doris	Waldfeucht	W30	1	11	10 km Walk	01:28:40,9
20	8722	f	Ehrmann, Renate	Fit für 10	W40	4	12	10 km Walk	01:28:47,4
21	8713	f	Drossert-Steltges, Birgit	SG 1926	W50	2	13	10 km Walk	01:29:54,2
22	8727	f	Cienowa, Birgit	Heinsberg	W50	3	14	10 km Walk	01:29:55,7
23	8730	m	Hasselberg, Jörg	Gangelt	M40	1	9	10 km Walk	01:30:18,5
24	8732	m	Thielmann, Albert	Selfkant	M40	2	10	10 km Walk	01:30:18,8
25	8712	f	Coenen, Christel	Geilenkirchen	W45	2	15	10 km Walk	01:31:32,3
26	664	f	Schraml, Brigitte	Turnerschaft Neu...	W65	1	16	10 km Walk	01:31:40,3
27	8731	m	Altenschmidt, Roland	Gangelt	M30	1	11	10 km Walk	01:33:39,4
28	8729	m	Hamacher, Dieter	Flying Tornados ...	M50	6	12	10 km Walk	01:33:40,5
29	8710	f	Wiezniak-Joeris, Halina	Geilenkirchen	W45	3	17	10 km Walk	01:34:37,7
30	8738	f	Conen, Marlies	Selfkant	W45	5	19	10 km Walk	01:34:39,9
31	8739	f	Robertz, Josefina	Selfkant	W45	4	18	10 km Walk	01:34:39,9
32	8740	f	Cieven, Anita	Selfkant	W55	4	20	10 km Walk	01:34:40,1
33	8700	f	Bach, Gabriele	Bachstelzen	W60	2	21	10 km Walk	01:35:00,4
34	8725	f	Jessen, Iris	Tüddern	W35	2	22	10 km Walk	01:35:01,4
35	8726	f	Janssen, Melanie	Selfkant	W35	3	23	10 km Walk	01:35:01,9
36	8705	f	Hapke, Veronika	Übach-Palenberg	W50	4	24	10 km Walk	01:35:05,8
37	8706	f	Klinkenberg, Monika	Übach-Palenberg	W45	6	25	10 km Walk	01:35:07,2
38	8711	f	Paulußen, Judith	Geilenkirchen	W45	7	26	10 km Walk	01:35:07,7
39	8708	m	Lingner, Gert	FC Entorsa	M65	1	13	10 km Walk	01:40:23,7
40	8742	f	Douven, Helga	Gangelt	WHK	1	27	10 km Walk	01:41:57,8
41	8707	f	Lingner, Brigitte	FC Entorsa	W55	5	28	10 km Walk	01:41:58,4
1	468	m	Stefes, Hermann-Josef	Mönchengladba...	MHK	1	1	10 km	00:34:21,5
2	677	m	Jacobs, Kamiel	STB	MHK	2	2	10 km	00:35:13,4
3	643	m	Pepels, Will	Caesar	M50	1	3	10 km	00:35:40,4
4	675	m	Koopmans, Guido	Sittard	M35	1	4	10 km	00:35:57,7
5	596	m	Houben, Thomas	Triathlon Waldfeucht	M35	2	5	10 km	00:36:00,7
6	465	m	Schmitz, Markus	bronny.de Team	M35	3	6	10 km	00:36:21,7
7	490	m	Karolewski, Michael	DJK Jung Siegfri...	M40	1	7	10 km	00:37:01,3
8	642	m	Cleven, Maurice		M35	4	8	10 km	00:37:05,8
9	631	m	Johnen, Yannik	TV Roetgen	MJ U19	1	9	10 km	00:37:13,4
10	570	m	Cyzen, Ivo		MHK	3	10	10 km	00:37:53,4
11	563	m	Rademacher, Jens	Dülkener SV 06	M35	5	11	10 km	00:38:09,2
12	442	m	Bach, Matthias	SG Neukirchen-...	M40	2	12	10 km	00:38:10,5
13	660	m	Nüttgens, Ralf	DLC Aachen	M45	1	13	10 km	00:38:16,3

14	543	m	Plum, Jürgen	SC Myhl LA	M45	2	14	10 km	00:38:27,3
15	632	m	Limburg, Hermann-Josef	Triathlon Waldfeucht	M50	2	15	10 km	00:38:29,0
16	583	m	Geelen, Henny	LGS Susteren	M50	3	16	10 km	00:38:34,3
17	550	m	Lempers, Jorn	MSAV Uros	MHK	4	17	10 km	00:38:54,6
18	519	m	Stassen, René	DJK Löwe Ham...	M40	3	18	10 km	00:39:01,7
19	663	m	Meuffels, Michael	LC Phönix GK	MHK	5	19	10 km	00:39:02,2
20	515	m	Thapa, Atul	DJK Kleinenbroich	M40	4	20	10 km	00:39:13,1
21	585	m	Bohnen, Jos	Susteren	M50	4	21	10 km	00:39:34,2
22	696	m	Drove, Norbert	DJK Elmar Kohlsc...	M40	5	22	10 km	00:39:38,7
23	438	m	Ettler, Manuel	AWD Team TVE ...	M30	1	23	10 km	00:39:46,1
24	513	m	Fischermann, Thorsten	DJK Kleinenbroich	M40	6	24	10 km	00:39:47,1
25	554	m	Relouw, Bas	Gulikrunners	MHK	6	25	10 km	00:39:47,8
26	552	m	Kleeshokwers, Sjaak	Gulik Runners M...	M55	1	26	10 km	00:39:48,0
27	579	f	Bommes, Silke	OSC Waldniel	W35	1	1	10 km	00:39:54,9
28	646	m	Booken, Nick	AV Caesar	MJ U19	2	27	10 km	00:40:03,2
29	655	m	Beckers, Denis	Triathlon Waldfeucht	M30	2	28	10 km	00:40:16,9
30	637	m	Kindervatter, Arne	Mönchengladbach	M40	7	29	10 km	00:40:19,2
31	518	f	Kostrzewa, Florence	DJK Löwe Ham...	W35	2	2	10 km	00:40:20,1
32	547	m	Schlemper, Dirk	Aachen	M40	8	30	10 km	00:40:22,9
33	679	m	Vierschgens, Frank	OSC Waldniel	MHK	7	31	10 km	00:40:26,8
34	597	m	Schiffer, Christian	Athletik Waldniel	M35	6	32	10 km	00:40:30,3
35	544	m	Polder, Ronald	TV Stein	M45	3	33	10 km	00:40:31,8
36	379	m	Herben, Tonny	Athletiek Maastricht	M45	4	34	10 km	00:40:46,4
37	640	m	Weerts, Pierre	Unitas	M50	5	35	10 km	00:41:01,2
38	427	m	Schrooten, Guy	Triathlon Ver. Stein	M30	3	36	10 km	00:41:03,0
39	612	m	Lemmens, Michel		M40	9	37	10 km	00:41:10,6
40	566	m	Caumen, Richard	Triathlon Waldfeucht	M45	5	38	10 km	00:41:13,4
41	548	m	Von Den Steinen, Ralf	Aachen	M45	6	39	10 km	00:41:19,1
42	511	m	Ballmann, Kai	DJK Kleinenbroich	MHK	8	40	10 km	00:41:27,6
43	443	f	Bach, Daniela	SG Neukirchen-...	W35	3	3	10 km	00:41:28,5
44	484	m	Rodeck, Niklas	OSC Waldniel	MJ U18	1	41	10 km	00:41:32,0
45	624	m	Hermans, Niels	STB	MHK	9	42	10 km	00:41:36,3
46	605	m	Van De Veerdonk, Harold	Gulikrunners	M45	7	43	10 km	00:41:42,7
47	512	m	Fiekers, Stefan	DJK Kleinenbroich	M30	4	44	10 km	00:41:48,9
48	446	m	Steffen, Thomas	Erkelenz	M45	8	45	10 km	00:42:02,1
49	530	m	Alhäuser, Jochen	LC Duisburg	M45	9	46	10 km	00:42:20,5
50	678	m	Roks, Tim	STB	MHK	10	47	10 km	00:42:30,9
51	470	m	Padberg Dr., Stefan	TV Erkelenz	M40	10	48	10 km	00:42:33,2
52	623	m	Wolters, Philippe		M40	11	49	10 km	00:42:48,1
53	662	m	Kox, Jochen	LT Marathon Kor...	M40	12	50	10 km	00:43:00,7
54	555	m	Piepmeyer, Manuel	Bobbys Crew	MHK	11	51	10 km	00:43:06,1
55	499	m	Kirsch, Friedbert	VfR Unterbruch LG	M40	13	52	10 km	00:43:21,7
56	651	m	Schroeder, Mario	Team Deafrunners	M45	10	53	10 km	00:43:29,9
57	337	m	Boochs, Ingo	Grün Weiss Holt	M30	5	54	10 km	00:43:33,3
58	674	m	Schoumakers, Jürgen	STB	M35	7	55	10 km	00:43:38,9
59	301	m	Coun, Hans	TÜVRheinland	M50	6	56	10 km	00:43:52,8

60	661	m	Eberson, Maurice	Kranenbroek	M45	11	57	10 km	00:44:05,7
61	497	m	Lanske, Kristian	BSG Kreisparkas...	M30	6	58	10 km	00:44:07,0
62	333	m	Wiktorowicz, Krzysztof	Trevianum Sittard	M50	7	59	10 km	00:44:11,9
63	344	m	Jansen, Marcel	TriTeam MAXMO	M35	8	60	10 km	00:44:17,3
64	551	m	Gilles, Gereon	VFR Unterbruch LG	M30	7	61	10 km	00:44:21,7
65	594	m	De Boer, Willy	Loopgroep Meers	M55	2	62	10 km	00:44:25,0
66	383	m	Windeln, Franz-Willi	Unterbruch LG	M50	8	63	10 km	00:44:32,1
67	439	m	Antonio, Nardi	Kohlscheid	M35	9	64	10 km	00:44:34,1
68	582	m	Radstake, Dinand	STB	M45	12	65	10 km	00:44:45,4
69	451	m	Brinckmann, Horst	Erkelenz	M65	1	66	10 km	00:44:48,5
70	449	m	Klingen, Jürgen	NEW Red Runner...	M40	14	67	10 km	00:44:49,7
71	686	m	Krämer, Oliver	TV 1848 MG	M40	15	68	10 km	00:44:51,3
72	672	m	Nüsters, Ilya	STB	M35	10	69	10 km	00:44:52,4
73	307	m	Klose, Marko	Marathon-Team-O...	M35	11	70	10 km	00:45:03,7
74	528	m	Hermans, Jean	Lopersgroep Lan...	M55	3	71	10 km	00:45:13,3
75	602	f	Runchina, Graziella	Niederlande	W45	1	4	10 km	00:45:23,0
76	359	m	Fensky, Michael	BSG Kreisparkas...	M40	16	72	10 km	00:45:28,4
77	577	m	Meyer, Hans-Leo	DJK Gillrath 1911	MHK	12	73	10 km	00:45:29,8
78	494	m	Hantke, Walter	Viersener TV 1848	M70	1	74	10 km	00:45:30,4
79	599	m	Curfs, Roel	Achilles-Top Kerk...	M30	8	75	10 km	00:45:37,4
80	638	m	Griffioen, Gerjo	Wehr	M50	9	76	10 km	00:45:42,0
81	665	m	Kanditt, Stephan	OSC Waldniel	M35	12	77	10 km	00:45:48,7
82	647	m	Carmanns, Markus	Eschweiler	M45	13	78	10 km	00:45:53,0
83	447	m	Andrae, Thomas	Mönchengladbach	M40	17	79	10 km	00:46:02,0
84	598	m	Geelen, Marcel	Susteren	M40	18	80	10 km	00:46:05,8
85	391	m	Görtz, Harald	Breberen	M45	14	81	10 km	00:46:19,3
86	363	m	Grunwald, Andreas	Korschenbroich	M40	19	82	10 km	00:46:22,4
87	564	f	Zaad, Eline	Pare Loop Avon	W30	1	5	10 km	00:46:31,8
88	693	m	Zwick, Boris		M30	9	83	10 km	00:46:43,2
89	695	m	Leischker, Dr. Andreas		M45	15	84	10 km	00:46:49,5
90	671	m	Schulz, David	Geilenkirchen	MHK	13	85	10 km	00:46:49,6
91	603	m	Broeren, Jeroen	Tüddern	M30	10	86	10 km	00:46:58,2
92	622	m	Haak, Holger	Heinsberg	M40	20	87	10 km	00:47:00,4
93	421	m	Pepels, Will	Parellooprunners	M50	10	88	10 km	00:47:01,8
94	360	m	Gehrt, Norbert	Aachen	M50	11	89	10 km	00:47:04,0
95	330	m	Leyendecker, Klaus	Europaschule He...	MHK	14	90	10 km	00:47:17,2
96	540	m	Van Harren, Cor	STB Landgraaf	M45	16	91	10 km	00:47:20,1
97	321	m	Gützkow, Rainer	LT MG-Volksgarten	M60	1	92	10 km	00:47:25,3
98	300	m	Schürlein, André	Niersrunner	M45	17	93	10 km	00:47:32,9
99	601	m	Lentzen, Georg	VFR Tüddern	M40	21	94	10 km	00:47:36,8
100	380	m	Windeln, Lukas	VfR Unterbruch LG	MJ U14	1	95	10 km	00:47:39,5
101	629	m	Bongard, Gert	Regio it	M50	12	96	10 km	00:47:42,0
102	381	m	Windeln, Lars	VfR Unterbruch LG	MJ U18	2	97	10 km	00:47:43,7
103	545	m	Kerinnis, Jürgen	Marathon-Club E...	M40	22	98	10 km	00:47:48,7
104	378	f	Herben, Henriette	Atletiek Maastricht	W35	4	6	10 km	00:47:54,7
105	527	m	Schmitz, Ralf	Triathlon Waldfeucht	M40	23	99	10 km	00:47:58,2

106	340	m	Van Den Bosch, Jaan	NEW Niederrhei...	MHK	15	100	10 km	00:48:01,8
107	448	m	Schroers, Stefan	Mönchengladbach	M45	18	101	10 km	00:48:07,5
108	652	m	Müller, Andreas	Erkelenz	MHK	16	102	10 km	00:48:09,3
109	404	m	Krapohl, Jürgen	NEW Red Runner...	M55	4	103	10 km	00:48:11,6
110	628	m	Peters, Ron	Selfkant	MHK	17	104	10 km	00:48:13,9
111	329	m	Probol, Thomas	OSC Waldniel	M45	19	105	10 km	00:48:18,4
112	558	m	Hamacher, Fritz	Flying Tornados ...	MHK	18	106	10 km	00:48:21,3
113	557	m	Stoffels, Michael	SFC Erkelenz	M45	20	107	10 km	00:48:24,0
114	506	m	Cobben, Luc	VfR Tüddern C...	MJ U16	1	108	10 km	00:48:24,3
115	480	m	Thesi, Marcel	Feuerwehr Hilden	MHK	19	109	10 km	00:48:28,3
116	546	f	Kehrbusch, Martina	Athletik Waldniel	W40	1	7	10 km	00:48:43,7
117	514	m	Gaspers, Klaus	DJK Kleinenbroich	M45	21	110	10 km	00:48:45,9
118	568	m	Vonhoegen, Rainer		M45	22	111	10 km	00:48:54,4
119	681	m	Hostenbach, Hubert	Waldfeucht	M50	13	112	10 km	00:48:54,7
120	339	m	Gorontzy, Bernd	DJK Kleinenbroich	M50	14	113	10 km	00:48:58,1
121	388	m	Gieratz, Markus	Mönchengladbach	M45	23	114	10 km	00:48:59,0
122	654	m	Laumen, Simon	Gangelt	MJ U16	2	115	10 km	00:49:02,9
123	501	m	Brind, Amour	VfR Tüddern C...	MJ U16	3	116	10 km	00:49:05,2
124	453	m	Dohlen, Bernd	Geilenkirchen	M55	5	117	10 km	00:49:06,0
125	670	m	Davids, Stefan	Geilenkirchen	M40	24	118	10 km	00:49:10,4
126	463	f	Probol, Jacqueline	OSC Waldniel	W45	2	8	10 km	00:49:19,4
127	569	m	Karssiny, Marcel		M45	24	119	10 km	00:49:24,6
128	361	m	Kannengießler, Andreas	DJK Gillrath	M50	15	120	10 km	00:49:31,3
129	349	m	Jache, Holger	BSG Kreisparkas...	MHK	20	121	10 km	00:49:35,3
130	312	m	Wojtkowiak, Juliusz	Trevianum Sittard	M60	2	122	10 km	00:49:35,6
131	690	m	Bongartz, Philipp	Atemlos	M35	13	123	10 km	00:49:35,7
132	384	f	Dimter, Sandra	DJK Gillrath	W30	2	9	10 km	00:49:36,1
133	619	f	Pierik-Luijten, Wendy		W30	3	10	10 km	00:49:42,1
134	538	m	Wüst, Manfred		M55	6	124	10 km	00:49:43,8
135	374	m	Wemper, Lars	Wetter	M40	25	125	10 km	00:49:47,0
136	600	m	Lentzen, Nils	VFR Tüddern	MJ U14	2	126	10 km	00:49:47,4
137	620	m	Pierik, Fred	Unitas	M45	25	127	10 km	00:49:48,1
138	371	f	Meyer, Monique	Aachen	WHK	1	11	10 km	00:50:02,3
139	454	m	Franzen, Michael	Judo Club Haaren	M45	26	128	10 km	00:50:08,7
140	373	m	Prieg, Helge	Gangelt	M50	16	129	10 km	00:50:11,5
141	580	m	Meiers, Harald		M30	11	130	10 km	00:50:15,0
142	542	m	Langohr, Leo	Bocholtz	M55	7	131	10 km	00:50:15,2
143	625	m	Wielders, Jo	Sittard	M45	27	132	10 km	00:50:18,4
144	592	m	Jakobs, Udo	Mönchengladbach	M45	28	133	10 km	00:50:21,1
145	396	m	Venedy, Michael	Erkelenz	M40	26	134	10 km	00:50:45,1
146	533	m	Persicke, Armin	Neuss	M50	17	135	10 km	00:50:51,7
147	535	f	Weber, Ruth	Übach-palenberg	W45	3	12	10 km	00:50:57,0
148	472	m	Schmitz, Rolf	TuS Jahn Hilfarth	M45	29	136	10 km	00:50:57,7
149	331	m	Köppl, Ralf	Herrenshof Runner	M40	27	137	10 km	00:51:09,9
150	366	m	Laufs, Gerd-Josef	Geilenkirchen	M50	18	138	10 km	00:51:10,3
151	400	m	Lehmann, Christoph	NEW Red Runner...	M30	12	139	10 km	00:51:19,0

152	635	m	Irmen, Rainer	Mönchengladbach	M55	8	140	10 km	00:51:23,0
153	648	m	Vogels, Henk	Sittard	M50	19	141	10 km	00:51:25,0
154	587	f	Virts, Marcy		W30	4	13	10 km	00:51:29,2
155	588	f	Austin, Melanie	Brunssum	W40	2	14	10 km	00:51:29,7
156	526	m	Sentis, Frank	Hundesport Gangelt	M45	30	142	10 km	00:51:33,8
157	536	m	Frenken, Max	Gangelt	MJ U14	3	143	10 km	00:51:34,3
158	353	f	Dollendorf, Ulrike	BSG Kreisparkas...	WHK	2	15	10 km	00:51:35,2
159	355	m	Bürger, Olaf	BSG Kreisparkas...	M40	28	144	10 km	00:51:35,8
160	667	m	Voith, Rainer	LT Meutersweg	M35	14	145	10 km	00:51:37,4
161	455	m	Frenken, Markus	Schierwaldenrath	M40	29	146	10 km	00:51:45,6
162	314	m	Gerisch, Peter	Geilenkirchen	M35	15	147	10 km	00:51:57,4
163	634	m	Beckers, Gero	Gangelt	MJ U14	4	148	10 km	00:52:02,1
164	310	m	Klinkenberg, Hans-Willi	Übach-Palenberg	M50	20	149	10 km	00:52:04,1
165	676	m	Dretzke, Jürgen	LT- MG- Volksgarten	M45	31	150	10 km	00:52:12,6
166	306	m	Sternagel, Holger	Forest_Gump_Ru...	M40	30	151	10 km	00:52:14,4
167	406	m	Schenkluhn, Wolfgang	NEW Red Runner...	M60	3	152	10 km	00:52:21,6
168	429	m	Wachtmeister, Ralf	Erkelenz	M40	31	153	10 km	00:52:34,1
169	633	m	Beckers, Guido	gangelt	M40	32	154	10 km	00:52:44,6
170	614	m	Woitzik, Michael	Concordia Birgelen	M50	21	155	10 km	00:52:46,9
171	303	m	Bausch, Frank	Nieuwstadt	M40	33	156	10 km	00:52:48,5
172	486	m	Heß, Richard	LC Weilerswist	M50	22	157	10 km	00:52:49,7
173	608	m	Dahlmanns, Martin		MJ U14	5	158	10 km	00:52:53,4
174	694	m	Ruijters, Harrie	Selkant	M60	4	159	10 km	00:52:54,0
175	595	m	Sterck, Wilfried	Aachen	M30	13	160	10 km	00:52:54,2
176	385	m	Niedetz, Peter	Geilenkirchen	M55	9	161	10 km	00:52:56,8
177	639	m	Jansen, Karl-Josef	New Red Runners	M55	10	162	10 km	00:52:59,1
178	611	m	Emonds, Louk	Klanenbroek	M50	23	163	10 km	00:53:00,4
179	440	m	Retter, Michael	MT	M30	14	164	10 km	00:53:02,7
180	575	m	Bogazci, Ercan	Bierpäschen	M35	16	165	10 km	00:53:05,2
181	462	m	Philippen, Ernst	Schierwaldenrath	M40	34	166	10 km	00:53:05,6
182	317	m	Schumacher, Detlef	SG 1926	M50	24	167	10 km	00:53:10,9
183	606	m	Dahlmanns, Gerd		M40	35	168	10 km	00:53:15,4
184	666	m	Von Scheibler, Bernhard	Heinsberg	M40	36	169	10 km	00:53:18,5
185	522	m	Flecken, Gerhard	Selfkant	M55	11	170	10 km	00:53:26,7
186	523	m	Klein, Ad	TTTL	M50	25	171	10 km	00:53:26,8
187	428	f	Engelke, Simone	Erkelenz	W45	4	16	10 km	00:53:33,0
188	498	m	Reetz, Wilfried	Heinsberg	M50	26	172	10 km	00:53:34,7
189	578	m	Schneider, Peter		M55	12	173	10 km	00:53:38,2
190	571	f	Feld, Virginia		W30	5	17	10 km	00:53:58,6
191	372	f	Lange, Simone	Aachen	WHK	3	18	10 km	00:54:00,7
192	441	m	Richter, Benjamin	MT	M30	15	175	10 km	00:54:07,9
193	573	m	Fahl, Thomas	Fahl4Fit	M45	32	174	10 km	00:54:07,9
194	483	f	Cygon, Susann	VfR Unterbruch LG	W40	3	19	10 km	00:54:09,3
195	521	m	Wünsche, Frank	Linnich	M50	27	176	10 km	00:54:09,6
196	658	m	Bündgens, Valentin	TSV Alemannia ...	M65	2	177	10 km	00:54:15,0
197	507	m	Roessel, Erik	VfR Tüddern C...	MJ U16	4	178	10 km	00:54:20,9

198	502	f	Brind, Camelia	VfR Tüddern C...	WJ U14	1	20	10 km	00:54:22,8
199	390	m	Sturmans, Tim	Olympia Schinveld	MJ U14	6	179	10 km	00:54:24,7
200	475	m	Freyer, Martin	Heinsberg	M45	33	180	10 km	00:54:25,6
201	389	m	Otto, Thomas	FC Wanderlust ...	M40	37	181	10 km	00:54:26,2
202	343	m	Stieldorf, Linus	Selfkant-Schalbruch	MJ U18	3	182	10 km	00:54:27,2
203	402	m	Wöller, Rüdiger	NEW Red Runner...	M50	28	183	10 km	00:54:27,8
204	450	m	Andrae, Volker	Wegberg	M40	38	184	10 km	00:54:32,6
205	459	m	Korsten, Udo	Hückelhoven	M45	34	185	10 km	00:54:34,6
206	325	m	Bals, Gregor	TriTeam MAXMO	M45	35	186	10 km	00:54:41,5
207	362	f	Grunwald, Ute	Korschenbroich	W40	4	21	10 km	00:54:46,6
208	488	f	Wolf, Kathrin	Buchten	W35	5	22	10 km	00:54:47,2
209	332	m	Tol, Tjakko	Sittard	M45	36	187	10 km	00:54:57,5
210	338	f	Gorontzy, Birgit	Korschenbroich	W45	5	23	10 km	00:55:03,3
211	626	f	Wielders, Nicole	Sittard	W45	6	24	10 km	00:55:08,9
212	479	m	Schneider, Gregor	LG Mönchengla...	MHK	21	188	10 km	00:55:16,2
213	430	m	Roggen, Tim	Erkelenz	M30	16	189	10 km	00:55:20,1
214	431	m	Quack, Heiko	Mönchengladbach	M30	17	190	10 km	00:55:22,6
215	481	m	Peltzer, Guido	Mönchengladbach	M40	39	191	10 km	00:55:23,2
216	549	f	De Bas, Peggy	STB Landgraaf	W45	7	25	10 km	00:55:24,5
217	636	f	Deuster, Monika	Lustlauf Mein Verein	W50	1	26	10 km	00:55:37,7
218	311	m	Jansen, Oliver	Gangelt	M40	40	192	10 km	00:55:41,4
219	503	m	Meures, Sander	VfR Tüddern C...	MJ U16	5	193	10 km	00:55:46,4
220	495	f	Küppers, Silvia	Laufftreff Niederk...	W40	5	27	10 km	00:55:47,1
221	493	m	Zirpins, Hans	Mönchengladbach	M50	29	194	10 km	00:55:47,6
222	562	m	Krings, Niklas	Stolberg	MJ U16	6	195	10 km	00:55:52,5
223	561	m	Lowis, Yannik	Selfkant	MJ U16	7	196	10 km	00:55:54,5
224	680	m	Scheuvens, Dennis	Heinsberg	M30	18	197	10 km	00:55:57,8
225	615	m	Trauttrins, Michael		M40	41	198	10 km	00:56:00,0
226	517	f	Folchitto, Gianna	DJK Löwe Ham...	WHK	4	28	10 km	00:56:02,1
227	673	m	Rese, Michael		M50	30	199	10 km	00:56:13,3
228	395	m	Breuer, Christoph	Übach-Palenberg	M45	37	200	10 km	00:56:21,6
229	392	f	Gieratz-Kelsch, Monika	Mönchengladbach	W40	6	29	10 km	00:56:22,8
230	508	m	Vogten, Max	VfR Tüddern C...	MJ U16	8	201	10 km	00:56:24,0
231	500	m	Meures, Jos	VfR Tüddern C...	M45	38	202	10 km	00:56:27,2
232	476	m	Janssen, Wilfried	DJK Gillrath	M55	13	203	10 km	00:56:34,5
233	412	m	Pach, Rolf-Dieter	Geilenkirchen	M50	31	204	10 km	00:56:41,0
234	524	m	Knarren, Gerd	Selfkant	M40	42	205	10 km	00:56:45,1
235	489	f	Meyer, Catharine Tamara	Lustlauf mein Vere...	W30	6	30	10 km	00:56:45,8
236	687	m	Spauwen, Han		M65	3	206	10 km	00:56:46,9
237	576	f	Jansen, Marleen		W45	8	31	10 km	00:56:48,5
238	433	m	Dudzik, Helmut	Erkelenz	M60	5	207	10 km	00:56:53,9
239	656	m	Dressen, Mike	Gangelt	MHK	22	208	10 km	00:57:00,5
240	336	m	Jansen, Ingo	Selfkant	M40	43	209	10 km	00:57:03,8
241	458	m	Janßen, Ralf	Schierwaldenrath	M40	44	210	10 km	00:57:08,0
242	556	m	Wessoly, Frank	Baesweiler	M40	45	211	10 km	00:57:30,2
243	315	m	Haßler, Jörg	TK	M40	46	212	10 km	00:57:41,9

244	589	m	Müller, Thomas	Übach-Palenberg	M40	47	213	10 km	00:57:42,2
245	529	m	Wolf, Reinhard	Brander SV Tri-...	M70	2	214	10 km	00:57:54,4
246	591	m	Wermuth, Richard	Mönchengladbach	M40	48	215	10 km	00:57:56,6
247	604	m	Grünewald, Luca	Geilenkirchen	MJ U16	9	216	10 km	00:58:06,2
248	435	f	Jörling, Annette	Heinsberg	W45	9	32	10 km	00:58:12,1
249	327	f	Graths, Nicole	Intersport Schäfer	WHK	5	33	10 km	00:58:16,4
250	668	m	Keentjens, Jos	Sittard	M45	39	217	10 km	00:58:17,5
251	534	m	Königs, Frank	Heinsberg	M45	40	218	10 km	00:58:20,0
252	418	m	Joerißen, Werner	SVE Saeffelen	M45	41	219	10 km	00:58:20,7
253	411	m	Winters, Marco	Heerlen	M35	17	220	10 km	00:58:23,1
254	560	f	Lowis, Maren	Selfkant	WJ U16	1	34	10 km	00:58:27,0
255	401	m	Breuer, Detlef	NEW Red Runner...	M55	14	221	10 km	00:58:36,2
256	322	m	Derichs, Jörg	SG 26 NVV AG	M45	42	222	10 km	00:58:36,3
257	326	f	Bals, Kathrin	TriTeam MAXMO	W35	6	35	10 km	00:58:54,3
258	276	f	Wirths, Sieglinde	VSV Grenzland ...	W70	1	36	10 km	00:58:57,6
259	669	m	Häring, Karl-Heinz	Erkelenz	M45	43	223	10 km	00:58:59,2
260	376	m	Deckers, Manfred	Erkelenz	M40	49	224	10 km	00:58:59,5
261	452	f	Coenen, Antje	Laufftreff Deckstei...	W40	7	37	10 km	00:59:14,6
262	586	m	Höck, Christoph	New Runners	M45	44	225	10 km	00:59:41,5
263	341	m	Knopf, Marcus	Nwredrunner	M40	50	226	10 km	00:59:41,9
264	364	m	Bihn, Heinrich	NEW Red Runner...	M50	32	227	10 km	00:59:42,4
265	369	m	Loreck, Armin	NEW Red Runner...	M45	45	228	10 km	00:59:50,6
266	630	f	Bongard, Gabi	Regio it	W40	8	38	10 km	00:59:54,8
267	539	m	Smeets, Jos	LG DE Gremslau...	M60	6	229	10 km	00:59:57,2
268	413	f	Pach, Jennifer	Geilenkirchen	WHK	6	40	10 km	01:00:03,7
269	457	f	Honold-Jansen, Sigrid	VSV Grenzland ...	W55	1	39	10 km	01:00:03,7
270	682	f	Winkens, Annette	Wassenberg	W45	10	41	10 km	01:00:07,0
271	649	f	Kleinjans, Rosie	Unitas	W50	2	42	10 km	01:00:19,1
272	510	m	Claßen, Tom	VfR Tüddern	MK U12	1	230	10 km	01:00:23,0
273	382	f	Windeln, Iris	VfR Unterbruch LG	W40	9	43	10 km	01:00:34,8
274	574	m	Winthagen, Gerry	Bierpäuschen	M50	33	231	10 km	01:01:17,4
275	354	f	Gilke, Kristina	BSG Kreisparkas...	WHK	7	44	10 km	01:01:21,8
276	532	f	Bomanns, Maria	Gangelt	WJ U18	1	45	10 km	01:01:34,8
277	613	m	Bürger, Heribert		M50	34	232	10 km	01:01:46,3
278	621	f	Oswald, Astrid	Geilenkirchen	W50	3	46	10 km	01:01:47,0
279	627	m	Oswald, Hans-Joachim	Geilenkirchen	M45	46	233	10 km	01:01:47,4
280	436	f	Kirchgässner-Gielen, H...	Heinsberg	W60	1	47	10 km	01:02:02,4
281	559	m	Lowis, Ulrich	Selkant	M45	47	234	10 km	01:02:13,6
282	509	m	Claßen, Udo	VfR Tüddern	M40	51	235	10 km	01:02:13,8
283	581	f	Lehnen, Gaby		W55	2	48	10 km	01:02:15,4
284	356	f	Kremers, Renate	BSG Kreisparkas...	W40	10	49	10 km	01:02:15,9
285	408	f	Kusch, Luzie	NEW Red Runner...	W50	4	50	10 km	01:02:16,2
286	684	m	Kerrie, Arcand		M40	52	236	10 km	01:02:36,1
287	444	f	Görtz, Bianca	T.u.I.V. Höngen	W40	11	51	10 km	01:02:36,4
288	685	m	Arcand, Chad		MHK	23	237	10 km	01:02:38,4
289	407	m	Sturm, Frank	NEW Red Runner...	M45	48	238	10 km	01:02:46,1

290	409	f	Ziegler, Barbara	NEW Red Runner...	W55	3	52	10 km	01:02:46,2
291	683	m	Haupt, Hartmut	DJK Gillrath 1911	M70	3	239	10 km	01:02:51,9
292	410	m	Kleiweg, Theo	Hoensbroek	M50	35	240	10 km	01:02:55,4
293	478	f	Dormanns, Dorothee	Baesweiler	W40	12	53	10 km	01:02:56,3
294	367	m	Kreutzer, Manfred	Heinsberg	M50	36	241	10 km	01:03:03,6
295	335	f	Holldorf, Josefine	Intersport Schäfer	WHK	8	54	10 km	01:03:08,0
296	650	f	Bessem, Anja	Sittard	W30	7	55	10 km	01:03:15,0
297	659	m	Elands, Chris	Unitas	M65	4	242	10 km	01:03:32,6
298	324	f	Ruhrmann, Brigitte	TriTeam Maxmo	W50	5	56	10 km	01:03:46,3
299	302	m	Kohnen, Hubert	Erkelenz	M50	37	243	10 km	01:03:50,8
300	531	f	Philippen, Marita	Gangelt	W45	11	57	10 km	01:03:58,3
301	505	m	Desilets, David	VfR Tüddern C...	M40	53	244	10 km	01:04:02,4
302	456	m	Hansen, Bernd	VSV Grenzland ...	M60	7	245	10 km	01:04:12,4
303	525	m	Geratz, Arnd	Gangelt	M40	54	246	10 km	01:04:12,5
304	567	f	Fischer, Iris	Hermaringen	W35	7	58	10 km	01:04:32,5
305	386	f	Koller, Brigitte	Waldfeucht-Haaren	W40	13	59	10 km	01:04:33,4
306	387	m	Rohlf, Klaus	Waldfeucht-Haaren	M40	55	247	10 km	01:04:33,8
307	657	f	Dressen, Wilma	Gangelt	W45	12	60	10 km	01:04:45,0
308	541	m	Truter, Hugo		M35	18	248	10 km	01:05:14,8
309	419	m	Hippler, Frank	Laufftreff Deckstei...	M45	49	249	10 km	01:05:29,8
310	342	f	Geraths, Sarah	Hückelhoven	WHK	9	61	10 km	01:05:31,3
311	393	m	Neuhaus, Markus	Ratingen	M40	56	250	10 km	01:05:37,9
312	394	f	Diening, Cornelia	Ratingen	W30	8	62	10 km	01:05:38,1
313	405	m	Fischer, Norbert	NEW Red Runner...	M50	38	251	10 km	01:06:00,7
314	434	m	Lüdenbach, Georg	Erkelenz	M50	39	252	10 km	01:06:49,9
315	593	f	Jakobs, Ina	Turnerschaft Lürrip	W40	14	63	10 km	01:06:57,5
316	377	f	Ohligschläger, Yvonne	Heinsberg	W30	9	64	10 km	01:07:10,5
317	688	f	Blum, Gabriele		W55	4	65	10 km	01:08:45,9
318	689	m	Kesternich, Manfred	New SG26	M55	15	253	10 km	01:08:46,9
319	471	f	Schmitz-Görres, Steph...	TuS Jahn Hilfarth	W40	15	66	10 km	01:09:08,3
320	426	f	Schröder, Monica	Selfkant	W40	16	67	10 km	01:09:58,3
321	691	f	Bomanns, Kathrin	Gangelt	W40	17	68	10 km	01:10:16,1
322	692	f	Heinrichs, Karin	Seniorenzentrum ...	W45	13	69	10 km	01:10:16,2
323	305	f	Rütten, Marion	Laufftreff Wickrath	W40	18	70	10 km	01:13:54,7
324	467	f	Wilczek, Eva	BSG Hilden	W65	1	71	10 km	01:15:37,1
325	477	f	Mebs, Yvie	MT	WHK	10	72	10 km	01:17:16,4
326	347	f	Peschel, Raphaela	SZB	WJ U16	2	73	10 km	01:18:20,5
327	365	m	Weikert Dr., Georg	Hamich Runners	M55	16	254	10 km	01:20:27,9
328	346	f	Peschel, Petra	SZB	W50	6	74	10 km	01:24:20,0
329	202	m	Wymants, Laurent	De Uitslovers	M60	8	255	10 km	01:24:37,7
1	70	m	Tholen, Achim	LC Phönix Geile...	M35	1	1	HM	01:12:11,7
2	100	m	Delait, Patrick	Wilma Running	M40	1	2	HM	01:12:24,1
3	64	m	Theunissen, Iwan	AV STB - Equipe...	M40	2	3	HM	01:14:12,9
4	180	m	Achten, Jörg	ATG Aachen	M40	3	4	HM	01:17:57,9
5	295	m	Van Houten, Leo	Atla	M40	4	5	HM	01:18:19,4
6	243	m	Schepers, Chris	Bree	M35	2	6	HM	01:18:21,7

7	117	m	Van Der Eerden, Lars	Ron for Run Maast...	M35	3	7	HM	01:18:33,2
8	203	m	Bobbaers, Rob	TCM	MHK	1	8	HM	01:19:10,1
9	245	m	Ruwetter, Maurice	Achilles-Top Kerk...	M40	5	9	HM	01:19:39,1
10	572	m	Herfs, Thomas		MHK	2	10	HM	01:20:28,8
11	118	f	Golsteyn, Maud	Ron for Run Maast...	W30	1	1	HM	01:21:44,8
12	188	m	Kehrbusch, Gerd	Athletik Waldniel	M45	1	11	HM	01:23:24,3
13	277	m	Verreussel, Peter	Susteren	M40	6	12	HM	01:24:45,9
14	77	m	Krüger, Dirk	TV Mönchengla...	M35	4	13	HM	01:24:49,6
15	82	m	Barten, Bernd	SC Myhl LA	M55	1	14	HM	01:25:48,5
16	255	m	Broens, Rene	Gulikrunners	M55	2	15	HM	01:25:49,5
17	263	m	Soeters, Frank	MSAV Ur05	MHK	3	16	HM	01:26:00,2
18	246	m	Kamphnis, Harry	Achilles-Top Kerk...	M50	1	17	HM	01:26:42,9
19	76	m	Lempers, Jos	STB Landgraaf	M55	3	18	HM	01:26:54,4
20	218	m	Van Uum, Rene	Atletiek Maastricht	M50	2	19	HM	01:27:25,6
21	84	m	Göttlinger, Tobias	TSV Bayer Dorm...	M30	1	20	HM	01:27:29,2
22	28	m	Hendriks, Roel	Caesar av	M45	2	21	HM	01:28:23,7
23	278	m	Widdershoven, Erwin	Sittard	M40	7	22	HM	01:28:53,7
24	213	m	Erdkamp, Robert	Lindlopers	M45	3	23	HM	01:29:40,1
25	1	m	Pesch, Robin	DLRG Hochneukirch	MHK	4	24	HM	01:30:47,4
26	239	m	Hamers, Roy	LGS	M45	4	25	HM	01:31:46,4
27	31	m	Brink Van Den, Arne	Babenhausen Alls...	M30	2	26	HM	01:32:53,4
28	241	m	Maaß, André	DJK Elmar Kohlsc...	M45	5	27	HM	01:32:53,9
29	138	m	Lymandt, Dennis	STB	M35	5	28	HM	01:32:54,8
30	265	m	Jonkers, Marco	Eindhoven Atletiek	M35	6	29	HM	01:32:55,7
31	86	m	Demeter, Norbert	Herzogenrath	M35	7	30	HM	01:33:35,8
32	281	m	Bos, Cor	Gulikrunners	M45	6	31	HM	01:33:41,8
33	268	m	Maessen, Tom	Geleen	MHK	5	32	HM	01:33:56,6
34	616	m	Van De Pol, Marcel	STB Landgraaf	M40	8	33	HM	01:34:02,0
35	184	m	Zander, Sebastian	Tria Team Brunssum	M30	3	34	HM	01:34:10,6
36	219	m	Drent, Joep	Atletiek Maastricht	M60	1	35	HM	01:34:14,0
37	62	m	Willms, Tobias	BSG Kreisparkas...	MHK	6	36	HM	01:34:23,7
38	240	f	Watzlaw, Tanja	LT-DSHS-Köln	W40	1	2	HM	01:34:28,9
39	236	m	Thiele, Jeff	Loopgroep Meers	M60	2	37	HM	01:34:31,0
40	186	m	Theunissen, Jos	Avon	M50	3	38	HM	01:35:31,8
41	187	m	Zwitserloot, Jeroen	LGM Mierlo	M35	8	39	HM	01:36:13,8
42	299	f	Feltens, Meike	LT Alsdorf-Ost	W45	1	3	HM	01:36:18,3
43	283	m	Kam, Hans	Avon	M40	9	40	HM	01:36:37,5
44	179	m	Lathouwers, Gust	Atla Lanaken	M55	4	41	HM	01:36:38,2
45	91	m	Bischofs, Tim	Mönchengladbach	M35	9	42	HM	01:36:45,4
46	258	m	Doi, Shinichi	Düsseldorf	M45	7	43	HM	01:37:00,5
47	230	m	Outjers, Stefan	Parelloop Running	M40	10	44	HM	01:37:03,3
48	65	m	Marsidis, Norbert	Bocket	M45	8	45	HM	01:37:36,3
49	228	m	Offermans, Jan	STB Landgraaf	M50	4	46	HM	01:37:45,5
50	42	m	Hendriks, Roger	Epen	M45	9	47	HM	01:38:02,5
51	199	m	Herter, Martin		M40	11	48	HM	01:38:03,7
52	223	m	Hermanns, Sebastian	Vitalcenter Beckers	M30	4	49	HM	01:38:07,7

53	71	m	Parren, Jan	Marisheemrunners	M55	5	50	HM	01:38:13,1
54	231	m	Offermans, Raymond	WMF	M45	10	51	HM	01:38:14,4
55	113	m	Koch, Jürgen	Eynatten	M45	11	52	HM	01:38:19,5
56	200	m	Dohmen, Wim	AV Unitas Sittard	M50	5	53	HM	01:38:28,5
57	610	m	Unbekannt, Gunnar		M50	6	54	HM	01:39:31,8
58	253	m	Peters, Herbert	Wadu-Geilenkirchen	M40	12	55	HM	01:39:41,1
59	201	f	Siborgs, Rommy	Uitslovers	WHK	1	4	HM	01:39:42,3
60	171	m	Veugen, Frank	Munstergeleen	M45	12	56	HM	01:39:48,9
61	110	m	Storms, Michael	VfR Unterbruch LG	M40	13	57	HM	01:39:55,3
62	208	m	Wessels, Theo	STB	M60	3	58	HM	01:40:22,4
63	75	m	Wijnands, Hub	STB Landgraaf	M45	13	59	HM	01:41:19,4
64	194	m	Hermanns, Michael		M35	10	60	HM	01:41:20,5
65	224	m	Daniels, Hans	Marathonclub Es...	M55	6	61	HM	01:41:36,1
66	69	m	Siemes, Walter	Tri-Team TV Schi...	M45	14	62	HM	01:41:39,5
67	225	m	Rath, Frank	Wadu Geilenkirchen	M50	7	63	HM	01:41:50,7
68	52	m	Pelzer, Guido	STB	M45	15	64	HM	01:41:56,9
69	181	m	Jorissen, Johan	TCM	M40	14	65	HM	01:42:03,9
70	205	m	Oostdijk, John	STB	M50	8	66	HM	01:42:05,5
71	92	m	Smeets, Ronald	STB	M40	15	67	HM	01:42:28,0
72	128	m	Hütten, Sven	Gangelt	M40	16	68	HM	01:42:36,3
73	111	m	Philippen, Marek	VfR Tüddern A...	MJ U18	1	69	HM	01:42:51,5
74	135	m	Pietrowski, Martin	SV 09 Scherpenseel	M35	11	70	HM	01:43:33,9
75	137	m	Weber, Horst	FC Rheinland	M45	16	71	HM	01:43:34,1
76	609	m	Romantello, Andrea	Saint-Nikolas	M30	5	72	HM	01:43:35,2
77	46	m	Königs, Dennis	Heinsberg-Straeten	MJ U20	1	73	HM	01:43:52,0
78	97	m	Grünwald, Joachim	Geilenkirchen	M45	17	74	HM	01:43:53,7
79	13	m	Czaja, Hardy	BSG EWV Enwor	M55	7	75	HM	01:43:55,8
80	49	m	Meuffels, René	SG Gangelt-Hast...	M35	12	77	HM	01:44:00,8
81	25	m	Dahlmanns, Alexander	SG Gangelt-Hast...	MHK	7	76	HM	01:44:00,8
82	290	m	Hartmann, Stephan	Tus John Hilfrath	M35	13	78	HM	01:44:01,9
83	297	m	Kemnitz, Jürgen	TuS Porselen	M50	9	79	HM	01:44:07,5
84	296	m	Winkens, Werner	Heinsberg	M55	8	80	HM	01:44:07,6
85	216	m	Sisternans, Ed	STB	M50	10	81	HM	01:44:09,3
86	220	m	Haan, John	STB Landgraaf	M50	11	82	HM	01:44:09,6
87	74	m	Vermeulen, Ton	AV Unitas	M55	9	83	HM	01:44:10,4
88	96	m	Szumski, Peter	Brunssum	M45	18	84	HM	01:44:30,1
89	98	m	Dahlmanns, Horst	Selfkant-Höngen	M40	17	85	HM	01:44:46,8
90	21	m	Heinen, Sebastian Josef	Babenhausen Alls...	M30	6	86	HM	01:44:47,3
91	294	m	Babakan, Mohamed	Erkelenz	M40	18	87	HM	01:44:49,6
92	23	m	Bretzke, Steffen	Aachen	M50	12	88	HM	01:45:00,0
93	79	f	Reinold, Astrid	Team Erdinger Al...	W30	2	5	HM	01:45:36,7
94	78	m	Staufmehl, Claus	Team Erdinger Al...	M30	7	89	HM	01:45:36,9
95	12	m	Kraus, Dirk	Team Erdinger Al...	M40	19	90	HM	01:45:39,0
96	204	m	Fiegen, Frank	Heinsberg	M40	20	91	HM	01:46:02,9
97	141	m	Mainz, Stefan	Selfkant	MHK	8	92	HM	01:46:04,0
98	133	m	Dohlen, Moritz	Geilenkirchen	MJ U20	2	93	HM	01:46:10,7

99	94	m	Vienken, Daniel	Selfkant	MHK	9	94	HM	01:46:17,2
100	136	f	Derichs, Gabi	Selfkant	W45	2	6	HM	01:46:20,4
101	212	m	Stracke, Dieter	Marathonclub Es...	M35	14	95	HM	01:46:35,0
102	72	m	Vossen, Herbert	Gangelt	M40	21	96	HM	01:46:37,1
103	144	m	Meuwissen, Gregor	Luisenhospital A...	M40	22	97	HM	01:46:46,0
104	132	m	Schmitz, Friedo	Randys Road Ru...	M45	19	98	HM	01:46:46,7
105	206	f	Rybakowski, Branka	STB Landgraaf	W40	2	7	HM	01:46:53,1
106	51	m	Petrow, Uwe	Triathlon Waldfeucht	M50	13	99	HM	01:46:55,5
107	254	m	Golsteijn, Harry		M50	14	100	HM	01:46:58,1
108	11	m	Fädrieh, Frank	Deutsche Post	M50	15	101	HM	01:47:13,9
109	175	m	Joeris, Wilfried	Heinsberg	M55	10	102	HM	01:47:36,5
110	108	f	Schieffer, Christa	LT Alsdorf-Ost	W60	1	8	HM	01:47:53,6
111	286	m	Haasen, Christian	Wassenberg	MJ U20	3	103	HM	01:48:01,6
112	192	m	Graters, Wolfgang	TuS Jahn Hilfarth	M55	11	104	HM	01:48:02,2
113	226	m	Hilgers, Thomas		M35	15	105	HM	01:48:17,6
114	81	f	Barten, Monika	SC Myhl LA	W50	1	9	HM	01:48:27,5
115	5	f	Pauly, Gaby	Deutsche Post R...	W45	3	10	HM	01:48:37,2
116	185	m	Münchs, Michael		M45	20	106	HM	01:48:47,7
117	553	f	Kullnick, Ulrike	VSV Grenzland ...	W55	1	11	HM	01:48:52,1
118	93	m	Pfeifer, Jo	Stap Brunssum	M65	1	107	HM	01:49:00,1
119	87	m	Mankiewicz, Bernd	WVC Kassel	M45	21	108	HM	01:49:16,0
120	172	m	Meulenberg, Kevin	Beek	M30	8	109	HM	01:49:32,2
121	227	f	Houben, Nicole	TuS Jahn Hilfrath	W40	3	12	HM	01:49:37,7
122	109	m	Frenken, Dietmar	TuS Jahn Hilfarth...	M45	22	110	HM	01:49:38,4
123	22	m	Gunesch, Dr. Georg	Aachen	M50	16	111	HM	01:49:46,9
124	32	m	Brink Van Den, Henning	Babenhausen Alls...	M35	16	112	HM	01:50:02,7
125	618	m	Martens, Henry	Sabic	M45	23	113	HM	01:50:15,3
126	251	m	Adams, Arnd		M45	24	114	HM	01:50:16,5
127	272	m	Essing, Joris		M40	23	115	HM	01:50:25,6
128	275	m	Essing, Joop	Unitas	M40	24	116	HM	01:50:25,7
129	273	m	Essing, Dirk		M35	17	117	HM	01:50:26,1
130	112	m	Kanert, Axel	Laufftreff In de Hahn	M35	18	118	HM	01:50:38,1
131	126	m	Krings, Oliver	Roetgen	M30	9	119	HM	01:50:51,0
132	250	m	Daamen, Edwin		M45	25	120	HM	01:50:54,5
133	257	m	Lueneberg, Ullrich	LT Rennhamster	M50	17	121	HM	01:51:09,7
134	285	m	Fransen, Leon	Geleen	MHK	10	122	HM	01:51:35,5
135	125	m	Rosso, René	Mönchengladbach	M35	19	123	HM	01:51:37,1
136	99	m	Muijrsers, Pierre	STB Landgraaf	M60	4	124	HM	01:51:58,7
137	102	m	Thiele, Danny	Maastricht	M55	12	125	HM	01:52:03,3
138	221	m	Rese, Torben	Geilenkirchen	M35	20	126	HM	01:52:15,0
139	211	m	Perscheid, Unbekannt	Vfr Unterbruch LG	M55	13	127	HM	01:52:18,3
140	45	m	Bomanns, Ralf-Josef	Gangelt	M45	26	128	HM	01:52:29,8
141	217	m	Verijdt, Arnold	Echt	M55	14	129	HM	01:52:36,8
142	209	m	Ten Berge, Job	Sittard	M50	18	130	HM	01:52:43,5
143	89	m	Rudzki, Klaus	Geilenkirchen	M40	25	131	HM	01:53:04,6
144	16	m	Schlösser, Elmar	Kerkrade	M40	26	132	HM	01:53:25,4

145	207	m	Bomanns, Karl	Gangelt	M50	19	133	HM	01:53:50,2
146	54	m	Ditters, Jens	SV Rot-Weiß-Sc...	M35	21	134	HM	01:53:52,4
147	55	f	Ditters, Ines	SV Rot-Weiß-Sc...	W35	1	13	HM	01:53:52,4
148	26	m	Olbertz, Stefan	Allianz Sportgeme...	M45	27	135	HM	01:53:52,8
149	210	m	Küstlers, Michael	SV Waldfeucht-B...	M35	22	136	HM	01:53:59,8
150	170	m	Janssen, Gerard	Budgetbalance	M55	15	137	HM	01:54:10,0
151	20	m	Himpel, Martin	SGGH99	MHK	11	138	HM	01:54:13,5
152	173	m	Otten, Thomas	TC Kray 1892	M50	20	139	HM	01:54:18,6
153	174	f	Schäfer, Ulrike	TC Kray 1892	W50	2	14	HM	01:54:18,7
154	151	m	Leinders, Günter	Vfr Unterbruch LG	M45	28	140	HM	01:54:25,6
155	266	m	Jansen, Sven	QVC Bewegt	M35	23	141	HM	01:54:28,0
156	248	m	Van Den Bergh, Peter		M55	16	142	HM	01:54:45,6
157	30	m	Stock, Sören	Babenhausen Alls...	M35	24	143	HM	01:54:46,5
158	261	m	Gerckens, Alexander		M40	27	144	HM	01:54:47,2
159	260	m	Ströhmeier, Norbert	Alsdorf	MHK	12	145	HM	01:54:47,3
160	103	m	Elbert, Dirk	Übach-Palenberg	M40	28	146	HM	01:54:50,9
161	190	m	Hoeken, Michel	De Grenslauers	M60	5	147	HM	01:54:51,9
162	35	m	Moonen, Will	Parellooprunners	M50	21	148	HM	01:55:06,7
163	88	m	Scheufens, Bert	Zuckerhorde	M30	10	149	HM	01:55:38,7
164	9	m	Kühnel, Ralf	Deutsche Post R...	M45	29	150	HM	01:55:45,7
165	63	f	Nöthlings, Ilse	BSG Kreisparkas...	W60	2	15	HM	01:55:56,6
166	120	m	Dietz, Sebastian	Gillrath	M35	25	151	HM	01:56:03,7
167	270	m	Beemelmanns, Dirk	DJK Gillrath 1911	M40	29	152	HM	01:56:03,7
168	56	m	Plum, Robert	Geilenkirchen/Te...	M45	30	153	HM	01:56:08,7
169	237	m	Widdershoven, Jo		M55	17	154	HM	01:56:14,6
170	47	m	Jagmeng, Horst	Von-Bronsfeld-R...	M45	31	155	HM	01:56:15,3
171	150	f	Wirtz, Maria	Lt Noecht	W40	4	16	HM	01:56:46,1
172	101	m	Scholz, Joachim	Erkelenz	M40	30	156	HM	01:56:48,4
173	139	m	Maaßen, Herbert	Selfkant	M45	32	157	HM	01:57:23,3
174	269	m	Schmitz, Ralf		M45	33	158	HM	01:57:47,7
175	198	m	Bürger, Jürgen	Übach-Palenberg	M45	34	159	HM	01:57:55,6
176	83	m	Eichenauer, Ralf	TV Ratheim	M50	22	160	HM	01:58:44,3
177	293	m	Vieten, Heinz	VSV Grenzland ...	M50	23	161	HM	01:58:45,1
178	191	m	Klein, Norbert	Europa-Läufer	M45	35	162	HM	01:58:45,5
179	145	f	Misera, Natalie	Selfkant	W45	4	17	HM	01:58:51,7
180	149	f	Pint, Tanja	LT Vöcht	W35	2	18	HM	01:58:58,4
181	38	m	Adams, Peter	Heinsberg	M45	36	163	HM	01:59:07,8
182	85	f	Huber, Joyce	Düsseldorf	W30	3	19	HM	01:59:36,3
183	104	m	Franke, Hustin		MHK	13	164	HM	01:59:46,5
184	60	m	Esser, Richard	BSG Kreisparkas...	M45	37	165	HM	01:59:51,0
185	291	m	Gemeni, Léon	Runningteam Bru...	M40	31	166	HM	01:59:58,6
186	106	f	Reyer, Susanne	Linnich	W40	5	20	HM	01:59:59,8
187	105	m	Reyer, Hans-Jürgen	Linnich	M45	38	167	HM	01:59:59,9
188	284	f	Bus, Marleen	Avon	W50	3	21	HM	02:00:09,4
189	267	m	Uhr, Ingo	Hundesportverein...	M35	26	168	HM	02:00:17,9
190	27	m	Gerte, Conrad	LSV Grenzland	M45	39	169	HM	02:00:38,7

191	127	m	Hennig, Carsten	Jüchen	M40	32	170	HM	02:00:53,3
192	178	f	Bertram, Maria		W65	1	22	HM	02:01:16,4
193	232	m	Ellent, Ralf		M50	24	171	HM	02:01:17,1
194	177	m	Bertram, Rolf		MHK	14	172	HM	02:01:17,5
195	214	f	Verkoijen, Chantal	Parellopers	W40	6	23	HM	02:01:23,1
196	215	m	Caubo, Ger	Parellopers	M45	40	173	HM	02:01:24,2
197	259	m	Von Der Stück, Stefan	Heinsberg	MHK	15	174	HM	02:01:31,1
198	36	m	Kozian, Frank	Übach-Palenberg	M50	25	175	HM	02:01:32,6
199	280	f	Daniels, Arlette	Bilzen	W50	4	24	HM	02:02:00,0
200	279	m	Schrisuers, Fernand	Zutendaak	M50	26	176	HM	02:02:02,8
201	234	m	Roth, Hermann	Djk Gillrath	M50	27	177	HM	02:02:16,5
202	235	m	Beemelmans, Erwin	Djk Gillrath	M50	28	178	HM	02:02:16,6
203	18	m	Braun, Michael	Die5Brauns	M40	33	179	HM	02:02:23,9
204	17	f	Braun, Ulrike	Die5Brauns	W35	3	25	HM	02:02:23,9
205	114	m	Schmitz, Stefan	Mönchengladbach	M40	34	180	HM	02:03:42,3
206	90	m	Richter, Frank	Erkelenz	M40	35	181	HM	02:03:52,0
207	298	m	Merkler, Roland	Köln	MHK	16	182	HM	02:04:06,3
208	229	m	Schumacher, Jens		M35	27	183	HM	02:04:35,4
209	233	m	Quaedackers, Maurice		M45	41	184	HM	02:04:45,6
210	292	m	Kapma, Rolf	Runningteam Bru...	M50	29	185	HM	02:05:02,6
211	57	f	Dobeleit, Kläre	BSG Kreisparkas...	W45	5	27	HM	02:05:05,5
212	40	f	Wepner, Pia	VfR Unterbruch LG	WHK	2	26	HM	02:05:05,5
213	242	m	Truter, Johan	Süd-Afrika	M45	42	186	HM	02:05:11,4
214	122	m	Brocke, Stefan	Feuerwehr Hilden	M45	43	187	HM	02:06:35,5
215	53	m	Kloschinski, Friedhelm	Kölner Zuckerhorde	M45	44	188	HM	02:06:57,9
216	41	f	Neumann, Lydia	Selfkant	W45	6	28	HM	02:07:25,9
217	249	m	Roeks, Hein		M50	30	189	HM	02:07:30,2
218	107	m	Klothen, Wilfried	Heinsberg	M45	45	190	HM	02:08:12,4
219	287	f	Schoeppe, Anna		W40	7	29	HM	02:08:12,6
220	123	m	Parys, Hubert	Feuerwehr Hilden	M50	31	191	HM	02:08:49,8
221	222	m	Schmidt, Henry	Geilenkirchen	M50	32	192	HM	02:09:14,3
222	271	m	Beemelmans, Bernd	Djk Gillrath	M40	36	193	HM	02:09:20,7
223	95	m	Daudeij, Paul	Parellooprunners	M45	46	194	HM	02:09:21,8
224	131	m	Sieber, Joachim	VfR Unterbruch LG	M60	6	195	HM	02:09:27,8
225	29	m	Bach, Walter	Bachstelzen	M65	2	196	HM	02:09:51,1
226	129	f	Bronkalla, Michaele	Randys Road Ru...	W45	7	30	HM	02:09:58,9
227	130	m	Ardalan, Markus	Randys Road Ru...	M45	47	197	HM	02:09:59,2
228	193	m	Niessen, Timo		M30	11	198	HM	02:10:29,4
229	238	m	Backes, Markus	Sir Isaac Running	M35	28	199	HM	02:10:29,6
230	80	m	Florent, Martin	Canadian	M40	37	200	HM	02:10:49,7
231	6	f	Dean, Samantha	Canadian	W35	4	31	HM	02:10:49,9
232	146	m	Sxevers, Will	Schalbruch	M60	7	201	HM	02:10:53,1
233	66	f	Frank, Elena	Geilenkirchen	W30	4	32	HM	02:11:08,0
234	33	m	Büxenstein, Marco	Geilenkirchen	M30	12	202	HM	02:12:49,4
235	7	m	Alleweldt, Michael	Geilenkirchen	M45	48	203	HM	02:13:12,3
236	8	f	Zaake-Alleweldt, Christina	Geilenkirchen	W55	2	33	HM	02:13:12,3

237	24	m	Küsters, Björn	Selkant-Höngen	M30	13	204	HM	02:14:15,4
238	68	m	Drenth, Ger	Parellloop Brunssum	M60	8	205	HM	02:15:06,5
239	247	m	Friederichs, Hans	Pzrellooprunners	M60	9	206	HM	02:15:06,8
240	148	m	Böser, Horst	Selkant	M50	33	207	HM	02:16:01,6
241	67	m	Steinbrück, Frans	Parellopers	M65	3	208	HM	02:17:57,4
242	182	m	Gudat, Volker	Heinsberg	M45	49	209	HM	02:18:34,8
243	39	m	Feilen, Josef	Geilenkirchen	M55	18	210	HM	02:18:41,6
244	124	m	Bilo, Rolf	Feuerwehr Hilden	M50	34	211	HM	02:21:04,1
245	262	m	Laumen, Peter	Gangelt	MHK	17	212	HM	02:21:45,9
246	244	f	Janssen, Verona	Geelen	W40	8	34	HM	02:27:13,1
247	183	m	Schimanowski, Alexander	Verein Vom Rhein	M35	29	213	HM	02:27:48,7
1	902	m	Veugen, Frank	Munstergeleen	M45	1	1	2.5 km	00:10:05,3
2	945	m	Pietrowski, Maximilian	SV 09 Scherpenseel	MJ U14	1	2	2.5 km	00:10:41,9
3	908	m	Lehnen, Max	TSF Bracht	MJ U14	2	3	2.5 km	00:10:44,4
4	826	m	Jochims, Benjamin	GS Nikolaus-Schu...	MK U12	1	4	2.5 km	00:10:46,0
5	702	f	Petrow, Inga	Triathlon Waldfeucht	WJ U14	1	1	2.5 km	00:10:52,7
6	729	m	Nebel, Eliah	Kath. Grundschul...	MK U12	2	5	2.5 km	00:10:59,8
7	922	m	Gatzen, Samuel	Geilenkirchen	MJ U20	1	6	2.5 km	00:11:10,6
8	900	m	Frenken, Meik	Schule der Bege...	MK U10	1	7	2.5 km	00:11:11,5
9	822	m	Bomanns, Peter	GS Nikolaus-Schu...	MK U12	3	8	2.5 km	00:11:11,9
10	859	m	Schröder, Levin	Westzipfelschule...	MK U12	4	9	2.5 km	00:11:19,5
11	940	m	Meuwissen, Henri	Selkant	MJ U14	3	10	2.5 km	00:11:42,2
12	932	m	Schroers, Julian	TuS Wickrath	MK U12	5	11	2.5 km	00:11:45,2
13	931	m	Peltzer, Finn	TuS Wickrath	MK U12	6	12	2.5 km	00:11:51,0
14	906	f	Nebel, Theresa	LG Oberbruch D...	WJ U14	2	2	2.5 km	00:11:52,6
15	921	m	Schornstein, Andre	KGS Birgden	MJ U14	4	13	2.5 km	00:12:01,8
16	907	f	Nebel, Ann-Sophie	LG Oberbruch D...	WJ U14	3	3	2.5 km	00:12:02,6
17	730	m	Palmen, David	Kath. Grundschul...	MK U12	7	14	2.5 km	00:12:06,2
18	814	m	Wijngaards, Dominik	VfR Tüddern D...	MJ U14	5	15	2.5 km	00:12:07,3
19	943	m	Weber, Patrick	DJK Übach-Pal...	MJ U16	1	16	2.5 km	00:12:14,3
20	827	m	Lüttgens, Tom	GS Nikolaus-Schu...	MK U12	8	17	2.5 km	00:12:17,5
21	839	m	Bomanns, Julius	GS Nikolaus-Schu...	MK U10	2	18	2.5 km	00:12:19,8
22	851	m	Fibus, Alexander	GS Nikolaus-Schu...	MK U10	3	19	2.5 km	00:12:22,1
23	815	m	Wijngaards, Henrik	VfR Tüddern E...	MK U12	9	20	2.5 km	00:12:22,9
24	766	m	Philippen, Jonas	Astrid Lindgren G...	MK U10	4	21	2.5 km	00:12:23,6
25	708	m	Reinert, Dennis	Kath. Grundschul...	MJ U14	6	22	2.5 km	00:12:24,0
26	828	m	Nießen, Maurice	GS Nikolaus-Schu...	MK U12	10	23	2.5 km	00:12:27,2
27	722	m	Schröder, Nils Arne	Kath. Grundschul...	MK U10	5	24	2.5 km	00:12:28,4
28	872	m	Jansen, Lars	Westzipfelschule...	MK U10	6	25	2.5 km	00:12:32,8
29	707	m	Reinert, Marvin	Kath. Grundschul...	MK U10	7	26	2.5 km	00:12:33,8
30	892	f	Görtz, Lotte	Sportfreunde Lotte	WJ U14	4	4	2.5 km	00:12:33,8
31	709	m	Reinert, Uwe	Kath. Grundschul...	M45	2	27	2.5 km	00:12:35,6
32	787	m	Jansen, Lucas	Astrid Lindgren G...	MK U12	11	28	2.5 km	00:12:38,6
33	721	f	Schornstein, Sarah	Kath. Grundschul...	WK U10	1	5	2.5 km	00:12:42,8
34	846	m	Ratayczak, Lukas	GS Nikolaus-Schu...	MK U10	8	29	2.5 km	00:12:44,9
35	919	m	Schornstein, Wolfgang	Schule der Bege...	M40	1	30	2.5 km	00:12:45,1

36	837	f	Zühlke, Bente	GS Nikolaus-Schu...	WK U12	1	6	2.5 km	00:12:47,7
37	817	m	Karan, Sezer	GS Nikolaus-Schu...	MK U12	12	31	2.5 km	00:12:51,3
38	893	m	Kremers, Till	BSG KSK	MK U10	9	32	2.5 km	00:12:58,0
39	843	m	Hermanns, Jan Philipp	GS Nikolaus-Schu...	MK U10	10	33	2.5 km	00:13:00,4
40	917	m	Phlippen, Alexander	Gangelt	MJ U14	7	34	2.5 km	00:13:00,9
41	739	m	Schreinemacher, Julius	Kath. Grundschul...	MJ U14	8	35	2.5 km	00:13:05,6
42	934	f	Bomans, Judith	Gangelt	WJ U14	5	7	2.5 km	00:13:09,0
43	823	m	Evertz, Marius	GS Nikolaus-Schu...	MK U12	13	36	2.5 km	00:13:09,8
44	909	m	Lehnen, Oliver	TSF Bracht	MK U12	14	37	2.5 km	00:13:10,4
45	824	m	Hufkens, Branko	GS Nikolaus-Schu...	MK U12	15	38	2.5 km	00:13:11,0
46	896	m	Geratz, Tim	Gangelt	MK U12	16	39	2.5 km	00:13:12,7
47	821	m	Backes, Justin	GS Nikolaus-Schu...	MK U12	17	40	2.5 km	00:13:20,5
48	753	m	Scheufen, Marc	Kath. Grundschul...	MK U10	11	41	2.5 km	00:13:24,5
49	754	m	Scheufen, Tim	Kath. Grundschul...	MK U12	18	42	2.5 km	00:13:24,8
50	944	m	Weber, David	SV 09 Scherpenseel	MJ U14	9	43	2.5 km	00:13:26,1
51	946	m	Pietrowski, Silas	Scherpensel	MK U12	19	44	2.5 km	00:13:26,4
52	736	m	Mrozek, Luke	Kath. Grundschul...	MK U12	20	45	2.5 km	00:13:27,4
53	771	m	Janßen, Elias	Astrid Lindgren G...	MK U12	21	46	2.5 km	00:13:27,9
54	712	m	Jansen, Niklas	Kath. Grundschul...	MK U12	23	48	2.5 km	00:13:29,6
55	769	m	Ester, David	Astrid Lindgren G...	MK U12	22	47	2.5 km	00:13:29,6
56	764	f	Wynands, Lena	Astrid Lindgren G...	WK U12	2	8	2.5 km	00:13:30,0
57	802	m	Claßen, Len	Astrid Lindgren G...	MK U10	12	49	2.5 km	00:13:30,5
58	705	f	Piepers, Mathea	Kath. Grundschul...	WK U12	3	9	2.5 km	00:13:35,2
59	701	f	Jansen, Jill	Selfkant	WJ U14	6	10	2.5 km	00:13:35,9
60	713	f	Meuffels, Lara	Kath. Grundschul...	WK U10	2	11	2.5 km	00:13:36,8
61	856	m	Zühlke, Jesper	GS Nikolaus-Schu...	MK U10	13	50	2.5 km	00:13:41,2
62	853	m	Schmitz, Leon	GS Nikolaus-Schu...	MK U10	14	51	2.5 km	00:13:49,2
63	740	f	Piepers, Franca	Kath. Grundschul...	WK U10	3	12	2.5 km	00:13:51,4
64	914	m	Cremers, Luca	Selkant	MK U12	24	52	2.5 km	00:13:52,5
65	785	m	Ester, Jonah	Astrid Lindgren G...	MK U10	15	53	2.5 km	00:13:53,0
66	738	f	Schreinemacher, Maria	Kath. Grundschul...	WK U12	4	13	2.5 km	00:13:57,0
67	887	m	Krekels, Phil	Westzipfelschule...	MK U12	25	54	2.5 km	00:13:57,2
68	891	f	Rombey, Jule	Selfkant	WJ U14	7	14	2.5 km	00:13:59,7
69	700	f	Jansen, Luisa	Selfkant	WK U12	5	15	2.5 km	00:13:59,8
70	727	f	Nicolaes, Zena	Kath. Grundschul...	WK U10	4	16	2.5 km	00:14:21,6
71	918	f	Schornstein, Alina	KGS Birgden	WJ U14	8	17	2.5 km	00:14:21,7
72	804	f	Eßer, Anne	Astrid Lindgren G...	WK U10	5	18	2.5 km	00:14:23,1
73	890	m	Rombey, Jakob	Selfkant	MK U12	26	55	2.5 km	00:14:24,0
74	915	m	Cremers, Malte	Selkant	MK U10	16	56	2.5 km	00:14:25,2
75	861	m	Bittner, Max	Westzipfelschule...	MK U10	17	57	2.5 km	00:14:25,4
76	935	f	Ditters, Lena	SV Schlafhorst	WK U10	6	19	2.5 km	00:14:28,5
77	774	f	Knarren, Belana	Astrid Lindgren G...	WK U10	7	20	2.5 km	00:14:30,3
78	898	m	Knarren, Gerd	Selkant	M40	2	58	2.5 km	00:14:31,2
79	904	f	Schreiter, Noelle	DJK Gillrath 1911	WJ U14	9	21	2.5 km	00:14:34,2
80	743	f	Aretz, Bente	Kath. Grundschul...	WK U10	8	22	2.5 km	00:14:34,8
81	857	m	Aretz, Pascal	GS Birgden	M40	3	59	2.5 km	00:14:35,4

82	903	m	Schreiter, Holger	DJK Gillrath 1911	M40	4	60	2.5 km	00:14:37,9
83	711	f	Stegemann, Anna	Kath. Grundschul...	WK U12	6	23	2.5 km	00:14:39,3
84	710	f	Schürmann, Hannah	Kath. Grundschul...	WK U10	9	24	2.5 km	00:14:41,1
85	811	f	Schürmann, Anouk	Astrid Lindgren G...	WK U10	10	25	2.5 km	00:14:41,4
86	833	m	Schmitz, Nils	GS Nikolaus-Schu...	MK U12	27	61	2.5 km	00:14:42,6
87	838	m	Beumers, Simon	GS Nikolaus-Schu...	MK U10	18	62	2.5 km	00:14:45,0
88	725	m	Schmitz, Florian	Kath. Grundschul...	MK U10	19	63	2.5 km	00:14:50,2
89	734	m	Klaßen, Sören	Kath. Grundschul...	MK U12	28	64	2.5 km	00:14:54,8
90	948	f	Ras, Wendy	Maastricht	W30	1	26	2.5 km	00:15:03,5
91	832	f	Schlag, Maxima Samira	GS Nikolaus-Schu...	WK U12	7	27	2.5 km	00:15:10,6
92	913	m	Wilms, Christian	SV Höngen-Saef...	MK U10	20	65	2.5 km	00:15:18,6
93	834	m	Schneiders, Lukas	GS Nikolaus-Schu...	MK U12	29	66	2.5 km	00:15:18,7
94	761	f	Wynands, Karla	Astrid Lindgren G...	WK U12	8	28	2.5 km	00:15:22,0
95	781	f	Wynands, Tessa	Astrid Lindgren G...	WK U10	11	29	2.5 km	00:15:24,6
96	726	m	Schmitz, Cedric	Kath. Grundschul...	MK U10	21	67	2.5 km	00:15:27,8
97	807	m	Janßen, Louis	Astrid Lindgren G...	MK U10	22	68	2.5 km	00:15:28,4
98	905	m	Romanns, Luis	Gangelt	MK U10	23	69	2.5 km	00:15:28,8
99	806	m	Hülden, Paul	Astrid Lindgren G...	MK U10	24	70	2.5 km	00:15:28,9
100	929	m	Hülden, Frank	Milzen	M40	5	71	2.5 km	00:15:33,0
101	936	m	Heinrichs, Arne Julian	Schule der Bege...	MK U10	25	72	2.5 km	00:15:34,0
102	808	m	Knarren, Sasha	Astrid Lindgren G...	MK U10	26	73	2.5 km	00:15:34,4
103	770	f	Herfs, Theresa	Astrid Lindgren G...	WK U12	9	30	2.5 km	00:15:35,7
104	818	f	Kleinschmidt, Luca Maria	GS Nikolaus-Schu...	WK U12	10	31	2.5 km	00:15:38,0
105	928	m	Kleinschmidt, Dirk	Gangelt	M35	1	74	2.5 km	00:15:38,1
106	895	f	Geratz, Birgit	Gangelt	W40	1	32	2.5 km	00:15:43,3
107	848	m	Van Den Brakel, Luc	GS Nikolaus-Schu...	MK U10	27	75	2.5 km	00:15:48,5
108	850	f	Fath, Roxanne	GS Nikolaus-Schu...	WK U10	12	33	2.5 km	00:15:48,6
109	847	m	Schütz, Felix	GS Nikolaus-Schu...	MK U10	28	76	2.5 km	00:15:48,9
110	916	f	Phlippen, Lina	Gangelt	WK U12	11	34	2.5 km	00:15:54,8
111	752	f	Classen, Jutta	Kath. Grundschul...	WK U10	13	35	2.5 km	00:15:56,1
112	938	f	Ögut, Nergis	Heinsberg	WK U12	12	36	2.5 km	00:15:59,1
113	772	f	Jessen, Leonie	Astrid Lindgren G...	WK U12	13	37	2.5 km	00:15:59,5
114	874	f	Bittner, Lina	Westzipfelschule...	WK U12	14	38	2.5 km	00:15:59,6
115	788	m	Peters, Alexander	Astrid Lindgren G...	MK U12	30	77	2.5 km	00:16:00,7
116	873	f	Poot, Kathrin	Westzipfelschule...	WK U12	15	39	2.5 km	00:16:01,5
117	731	m	Geratz, Tom	Kath. Grundschul...	MK U10	29	78	2.5 km	00:16:06,4
118	897	m	Geratz, Arnd	Gangelt	M40	6	79	2.5 km	00:16:08,4
119	733	f	Mevissen, Anne	Kath. Grundschul...	WK U10	14	40	2.5 km	00:16:18,3
120	717	f	Vossen, Hanna	Kath. Grundschul...	WK U10	15	41	2.5 km	00:16:18,8
121	840	m	Blum, Niclas	GS Nikolaus-Schu...	MK U10	30	80	2.5 km	00:16:19,8
122	875	f	Rößeler, Lea	Westzipfelschule...	WK U12	16	42	2.5 km	00:16:21,9
123	835	f	Schulze, Eva	GS Nikolaus-Schu...	WK U12	17	43	2.5 km	00:16:22,8
124	715	f	Vossen, Birgit	Kath. Grundschul...	W40	2	44	2.5 km	00:16:24,0
125	879	f	Laugs, Lynn	Westzipfelschule...	WK U12	18	45	2.5 km	00:16:27,7
126	750	f	Baeten, Veronique	Kath. Grundschul...	W35	1	46	2.5 km	00:16:30,8
127	773	f	Pelzer, Talica	Astrid Lindgren G...	WK U12	19	47	2.5 km	00:16:31,8

128	849	f	Wennmacher, Greta	GS Nikolaus-Schu...	WK U10	16	48	2.5 km	00:16:33,4
129	841	f	Brinkmann, Elara	GS Nikolaus-Schu...	WK U10	17	49	2.5 km	00:16:33,6
130	830	f	Olbertz, Marie	GS Nikolaus-Schu...	WK U12	20	50	2.5 km	00:16:33,8
131	819	f	Philippen, Dana	GS Nikolaus-Schu...	WK U12	21	51	2.5 km	00:16:42,1
132	745	m	Giannopoulos, Dimitris	Kath. Grundschul...	MK U10	31	81	2.5 km	00:16:45,3
133	748	m	Baeten, Lars	Kath. Grundschul...	MK U10	32	82	2.5 km	00:16:45,8
134	747	m	Giannopoulos, Argiris	Kath. Grundschul...	MK U10	33	83	2.5 km	00:16:48,1
135	749	m	Baeten, Nico	Kath. Grundschul...	MJ U16	2	84	2.5 km	00:16:48,6
136	924	m	Wilms, Henrik	SV Höngen-Saef...	MK U10	34	85	2.5 km	00:16:49,7
137	923	m	Wilms, Maximilian	SV Höngen-Saef...	MJ U14	10	86	2.5 km	00:16:57,9
138	899	f	Knarren, Sandra	Tüddern	W35	2	52	2.5 km	00:17:01,9
139	768	f	Smtih, Caitlin	Astrid Lindgren G...	WK U12	22	53	2.5 km	00:17:20,2
140	883	f	Görtz, Jule	Westzipfelschule...	WK U12	23	54	2.5 km	00:17:28,6
141	793	m	Peters, Andrei	Astrid Lindgren G...	MK U10	35	87	2.5 km	00:17:28,8
142	732	f	Jansen, Jana	Kath. Grundschul...	WK U10	19	56	2.5 km	00:17:33,8
143	755	f	Jansen, Mathea	Kath. Grundschul...	WK U10	18	55	2.5 km	00:17:33,8
144	783	f	Jessen, Meriel	Astrid Lindgren G...	WK U10	20	57	2.5 km	00:17:39,8
145	854	f	Schneiders, Hannah	GS Nikolaus-Schu...	WK U10	21	58	2.5 km	00:17:44,3
146	930	m	Schneiders, Thomas	Gangelt	M45	3	88	2.5 km	00:17:44,7
147	746	f	Giannopoulos, Maria	Kath. Grundschul...	W45	1	59	2.5 km	00:17:45,8
148	925	f	Hermanns, Hannah	Gangelt	WK U12	24	60	2.5 km	00:17:46,6
149	767	f	Grein, Emma	Astrid Lindgren G...	WK U12	25	61	2.5 km	00:17:48,5
150	751	m	Knippel, Justin	Kath. Grundschul...	MK U10	36	89	2.5 km	00:17:52,2
151	791	m	Borgans, Robin	Astrid Lindgren G...	MK U10	37	90	2.5 km	00:17:53,5
152	759	f	Grein, Gisela	Astrid Lindgren G...	W40	3	62	2.5 km	00:17:54,4
153	742	f	Friedrichs, Luca	Kath. Grundschul...	WK U10	22	63	2.5 km	00:17:56,0
154	744	f	Schürmann, Theresa	Kath. Grundschul...	WK U10	23	64	2.5 km	00:17:56,2
155	720	f	Übachs, Mira	Kath. Grundschul...	WJ U14	10	65	2.5 km	00:17:56,3
156	797	f	Siegert, Leonie	Astrid Lindgren G...	WK U10	24	66	2.5 km	00:17:59,7
157	942	m	Meiers, Johnny	Selkant	M45	4	91	2.5 km	00:18:04,9
158	809	m	Meiers, Joy	Astrid Lindgren G...	MK U10	38	92	2.5 km	00:18:05,4
159	798	m	Siegert, Enrico	Astrid Lindgren G...	M35	2	93	2.5 km	00:18:07,8
160	865	f	Esser, Aileen	Westzipfelschule...	WK U10	25	67	2.5 km	00:18:09,6
161	885	m	Reh, Andrea	Westzipfelschule...	M35	3	94	2.5 km	00:18:09,7
162	810	m	Pelzer, Julien	Astrid Lindgren G...	MK U10	39	95	2.5 km	00:18:18,1
163	790	m	Borgans, Marc	Astrid Lindgren G...	MK U12	31	96	2.5 km	00:18:22,4
164	718	f	Übachs, Nele	Kath. Grundschul...	WK U10	26	68	2.5 km	00:18:26,6
165	719	f	Übachs, Melanie	Kath. Grundschul...	W35	3	69	2.5 km	00:18:26,9
166	782	f	Wynands, Birgit	Astrid Lindgren G...	W45	2	70	2.5 km	00:18:27,6
167	947	f	Reijnen, Shania	Selfkant	WK U10	27	71	2.5 km	00:18:30,2
168	789	f	Borgans, Saskia	Astrid Lindgren G...	WK U12	26	72	2.5 km	00:18:31,0
169	786	f	Wynands, Greta	Astrid Lindgren G...	WK U10	28	73	2.5 km	00:18:43,9
170	737	m	Grotthaus, Yannick	Kath. Grundschul...	MK U12	32	97	2.5 km	00:18:47,2
171	800	f	Ries, Gaby	Astrid Lindgren G...	W55	1	74	2.5 km	00:18:48,2
172	933	f	Wynands, Heike	Tüddern	W40	4	75	2.5 km	00:18:48,5
173	870	m	Thewissen, Lars	Westzipfelschule...	MK U12	33	98	2.5 km	00:18:49,2

174	926	f	Van Der Eerden, Renske	Ron For Run Maas...	WK U10	29	76	2.5 km	00:18:58,8
175	765	f	Deprez, Dana	Astrid Lindgren G...	WK U12	27	77	2.5 km	00:18:59,8
176	836	f	Van Der Hoorn, Annemijn	GS Nikolaus-Schu...	WK U12	28	78	2.5 km	00:19:01,0
177	842	f	Dahlmanns, Annabelle	GS Nikolaus-Schu...	WK U10	30	79	2.5 km	00:19:01,0
178	927	f	Van Der Eezden, Janneke	Ron For Run Maas...	W35	4	80	2.5 km	00:19:02,5
179	763	f	Spätgens, Christina	Astrid Lindgren G...	WHK	1	81	2.5 km	00:19:16,6
180	801	f	Borgans, Leona	Astrid Lindgren G...	WK U10	31	82	2.5 km	00:19:16,7
181	778	f	Pelzer, Leandra	Astrid Lindgren G...	WK U10	32	83	2.5 km	00:19:18,6
182	937	m	Krgutzer, Alexius	Heinsberg	MK U10	40	99	2.5 km	00:19:19,6
183	912	f	Poot, Mia	Waldfeucht	WK U10	33	84	2.5 km	00:19:21,8
184	910	m	Poot, Johannes	Waldfeucht	M45	5	100	2.5 km	00:19:22,8
185	825	m	Jansen, Lucas-Justin	GS Nikolaus-Schu...	MK U12	34	101	2.5 km	00:19:29,8
186	871	f	Altmann, Zoe	Westzipfelschule...	WK U10	34	85	2.5 km	00:19:37,7
187	880	f	Meuwissen, Marie	Westzipfelschule...	WK U12	29	86	2.5 km	00:19:38,2
188	805	f	Fischer, Jule	Astrid Lindgren G...	WK U10	35	87	2.5 km	00:19:54,8
189	703	m	Fischer, Ralf	Selfkant-Tüddern	M45	6	102	2.5 km	00:19:55,0
190	881	f	Altmann, Jil	Westzipfelschule...	WK U12	30	88	2.5 km	00:19:58,8
191	863	f	Neutgens, Alea	Westzipfelschule...	WK U10	36	89	2.5 km	00:20:05,4
192	735	m	Mrozek, Clint	Kath. Grundschul...	MK U12	35	103	2.5 km	00:20:05,8
193	888	m	Neutgens, Frank	Westzipfelschule...	M40	7	104	2.5 km	00:20:06,2
194	706	f	Bertrams, Anke	Kath. Grundschul...	WHK	2	90	2.5 km	00:20:07,0
195	758	m	Hagen, Max	Kath. Grundschul...	MK U10	41	105	2.5 km	00:20:07,2
196	901	m	Korsten, Maurice	Hückelhoven	MJ U16	3	106	2.5 km	00:20:08,1
197	864	f	Pastwa, Tessa	Westzipfelschule...	WK U10	37	91	2.5 km	00:20:10,4
198	816	m	Pastwa, Ralf	Selfkant-Havert	M40	8	107	2.5 km	00:20:10,8
199	884	f	Gordziel, Silvia	Westzipfelschule...	W55	2	92	2.5 km	00:20:12,7
200	812	f	Steffen, Jule	Astrid Lindgren G...	WK U10	38	93	2.5 km	00:20:17,6
201	779	f	Ruers, Felicia	Astrid Lindgren G...	WK U10	39	94	2.5 km	00:20:29,2
202	760	f	Ruers, Nicole	Astrid Lindgren G...	W35	5	95	2.5 km	00:20:29,2
203	868	f	Krekels, Merle	Westzipfelschule...	WK U10	40	97	2.5 km	00:20:45,3
204	886	f	Krekels, Silke	Westzipfelschule...	W35	6	96	2.5 km	00:20:45,3
205	775	f	Zimmermann, Zoe	Astrid Lindgren G...	WK U10	41	98	2.5 km	00:20:50,0
206	776	f	Ströckens, Maria	Astrid Lindgren G...	WJ U14	11	99	2.5 km	00:20:50,1
207	799	f	Welfers, Marlies	Astrid Lindgren G...	W50	1	100	2.5 km	00:22:09,4
208	780	f	Meyer, Chelsea	Astrid Lindgren G...	WK U10	42	101	2.5 km	00:22:09,6
209	813	m	Tegelbeckers, Justin	Astrid Lindgren G...	MK U10	42	108	2.5 km	00:22:09,7